



Kauri Gear List

Essential Gear

- Main piece of luggage:** a sports bag with wheels, a suitcase, a backpack or similar (~60L/4,000 inches³)
- Daypack:** used for day trips and on the bus. Must be well fitting with a waist strap and supportive shoulder straps. Should be large enough for your water bottle, packed lunch, raincoat, fleece, camera & wallet (~30L/2,000 inches³)
- Hiking boots:** required for a couple of days of the trip. We recommend sturdy boots with good ankle support, solid tread, comfortable & well worn in
NOTE: NZ Customs are very strict so make sure your boots are clean, dry & near the top of your pack on arrival.
- Trail runners/running shoes:** for biking, casual wear and to wear if you don't need your boots
- Water sandals/flip-flops:** or similar. Good for use on the bus or at night
- Waterproof rain jacket/shell:** a breathable, unpadded shell jacket with a hood which keeps you dry when active is recommended. Ponchos are unsuitable!
- Fleece/down jacket:** something nice and warm for those cold days/nights
- Shirts/T-shirts:** 2-3, some cotton, some quick-dry
- Long-sleeve shirts:** 1-2, some cotton, some quick-dry
- Waterproof rain pants:** for keeping dry and active on rainy days
- Lightweight trousers:** 2 pairs, for cooler nights and higher elevations! At least one quick-dry pair is recommended
- Shorts:** 2 pairs, some cotton, some quick-dry
- Thermal underwear:** 1 set of thermal/polypropylene underwear
- Pajamas/nightwear:** or something similar
- Underwear:** a weeks worth!
- Socks:** 3 pairs. Some good quality hiking socks, some warm, some casual
- Warm hat:** warm wool/fleece ski hat
- Swim suit:** it's a good idea to pack these in your backpack for the first day of the trip – in case you feel like taking a dip in the sea. You'll also use them when you go caving or if you choose to have a spa instead of mountain biking.
- Travel towel:** towels are provided at some of the places we stay, but you'll need your own if you feel like taking a dip
- Sun hat:** baseball cap, or similar
- Sunglasses:** with a retainer strap if you have one
- Warm gloves:** wool/fleece gloves, 1-2 pair
- Water bottle/bladder:** 2 x 1 litre volume or similar
- Camera:** memory cards & batteries/charger (240V with NZ plug adapter)
- Toiletries:** shampoo, conditioner, toothbrush, toothpaste, soap, facecloth, prescription medications, glasses/lenses, shaving gear, feminine hygiene products, wet wipes etc. *[Some accommodations provide some but some don't - it's best to bring your own]*
- Personal First Aid Kit:** for any essential items that you know you'll need eg blister treatment if you are prone to blisters *[Your guides also carry a group first-aid kit]*
- Sun-block:** SPF 15 UVA/UVB broad spectrum recommended all year in NZ.

FABRIC NOTE! We recommend quick-drying, wicking fabrics such as Patagonia capilene, Icebreaker merino, or other specially designed fabrics for this trip. If you're not sure what a quick-dry fabric is, ask at your nearest outdoor store. While you can bring some cotton, denim & other non-wicking fabrics on this trip, be aware that they won't be easy to wash or dry. **We suggest 2-3 sets of quick-dry gear per person**



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Essential Documents & Items

- Passport:** stored in a waterproof wallet
- Money:** NZ\$ cash, credit/debit cards with a pin number for cash withdrawals
- Air tickets and itinerary:** your international and domestic itinerary and air tickets
- Travel insurance:** your policy with emergency contact numbers
- Kauri Trip Summary:** print this out and bring it with you. It includes where to meet your group, any extra hotel information, and emergency numbers
- Kauri Trip Itinerary:** bring it with you to read on your trip

Optional Items

- Hiking poles:** not essential, but we highly recommend bringing one or two poles with you to support your knees during the hikes [*Rental poles: US\$35/pair + tax*]
- Hiking gaiters:** not essential, but great for this trip to keep stones out on the Tongariro Crossing! [*A favourite piece of gear for many clients - if in doubt, bring them along!*]
- Ear plugs:** recommended for light sleepers, and if you're sharing a room
- Cycling Gear:** we recommend that you bring cycling shorts and cycling gloves for maximum comfort.
- Alarm clock:** useful for those mornings you'll need to get up early!
- Adapter plug:** depends on your home country!
- Energy snacks and drinks:** while snacks will be provided you may like to bring some along too, especially if you have a preferred brand or special dietary requirements
- Casual clothes:** if you'd like bring a nice skirt/shirt to wear out to dinner, please do!
- Torch/headlamp**
- Binoculars**
- Pocketknife**
- Hairdryer**
- Spare shoe/bootlaces**
- iPod/mp3 player**
- Reading materials**

GEAR NOTE! If you're not sure what any of these things are, please ask at your nearest outdoor store, or ask us. We want you to be as well prepared as possible for your trip! The quantities are an indication only – feel free to bring more or less if you wish!