



Winter Rimu Gear List

Essential Gear

- **Main piece of luggage:** a sports bag with wheels, a suitcase, a backpack or similar (~60L/4,000 inches³)
- **Daypack:** used for day trips and on the bus. Must be well fitting with a waist-strap and supportive shoulder straps. Should be large enough for your water bottle, packed lunch, raincoat, fleece, camera & wallet (~30L/2,000 inches³)
- **Large trekking backpack:** required for the overnight hikes. Recommended size is at least 60-70 L/3,500-4,500 cubic inches with well fitting shoulder & waist straps. If you're bringing your own backpack, it can double as your main piece of luggage [*Rental backpacks: US\$45/item + tax, waterproof pack liners provided free of charge for everyone*]
- **Sleeping bag:** required for the overnight hikes. Must be rated to at least ~0°C/32°F/3-4 seasons. [*Rental sleeping bags: US\$45/item + tax includes freshly washed inner sheet*]
- **Sleeping bag liner:** recommend for added warmth during the overnight hikes
- **Hiking poles:** supplied by ACTIVE and are essential for the overnight hikes!
- **Hiking boots:** required for most days of the trip. We recommend sturdy boots with good ankle support & solid tread -they should be comfortable, worn-in and waterproofed. **NOTE:** NZ Customs are very strict so make sure your boots are clean, dry & packed at the top of your luggage ready for inspection on arrival into NZ
- **Trail runners/running shoes:** for cycling, casual wear and to wear if your boots are wet!
- **Water sandals/flip-flops:** or similar. Good for sea kayaking and to wear in huts at night
- **Waterproof rain jacket/shell:** a breathable, unpadded shell jacket with a hood which keeps you dry when active is recommended. Ponchos are unsuitable!
- **Rain pants:** don't need to be as waterproof as the jacket, but are definitely essential
- **Hiking gaiters:** essential for this trip to keep mud out!
- **Fleece/down jacket/wool sweater:** 1-2 something really nice and warm for those cold days/nights
- **T-shirts:** 3-4, more quick-dry, less cotton
- **Long-sleeve shirts:** 2-3, more quick-dry, less cotton
- **Long pants:** 2-3 pairs, to wear while on activities
- **Shorts:** for hiking in – hiking pants that zip-off into shorts are convenient too
- **Thermal underwear:** 2 top and bottom sets of thermal/polypropylene underwear - you'll be using them a lot! **NOTE:** In New Zealand the locals wear long thermal underwear underneath shorts while hiking when it's cold – you might like to do the same!
- **Pajamas/nightwear:** or similar
- **Underwear:** a weeks worth!
- **Socks:** a weeks worth! Good quality hiking socks, some warm, some casual
- **Swim suit/shorts:** for the hot springs, hot tubs and also to wear kayaking.
- **Travel towel:** towels are provided at most places we stay, but you'll need your own at the hot springs & when kayaking
- **Warm hat:** warm wool/fleece ski hat
- **Sun hat:** baseball cap, or similar
- **Sunglasses:** with a retainer strap if you have one
- **Warm gloves:** wool/fleece gloves, 1-2 pair
- **Thermal gloves:** polypropylene liners
- **Water bottle/bladder:** 2 x 1 litre volume or similar
- **Headlamp:** required for the overnight hikes
- **Camera:** memory cards & batteries/charger (240V with NZ plug adapter)
- **Alarm clock:** useful for early starts
- **Toiletries:** shampoo, conditioner, toothbrush, toothpaste, soap, facecloth, prescription medications, glasses/lenses, shaving gear, feminine hygiene products, wet wipes etc. [*Some accommodations provide some but some don't - best to bring your own*].
- **Personal First Aid Kit:** for any essential items that you know you'll need eg blister treatment if you are prone to blisters [*Your guides also carry a group first-aid kit*]
- **Sun-block:** SPF 15 UVA/UVB broad spectrum recommended all year in NZ.

FABRIC NOTE! We recommend quick-drying, wicking fabrics such as Patagonia capilene, Icebreaker merino, or other specially designed fabrics for this trip. If you're not sure what a quick-dry fabric is, ask at your nearest outdoor store. While you can bring some cotton, denim & other non-wicking fabrics on this trip, be aware that they won't be easy to wash or dry. **We suggest bringing at least 3 sets of quick-dry gear per person.**



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Essentials Documents and Items

- Passport:** stored in a waterproof wallet
- Money:** NZ\$ cash, credit/debit cards with a pin number for cash withdrawals
- Air tickets and itinerary:** your domestic and international itineraries and air tickets
- Travel insurance:** your policy with the emergency contact numbers
- Winter Rimu Trip Summary:** this should be printed out and brought with you on your trip. It includes where to meet your group, any extra hotel contact information and our emergency numbers
- Winter Rimu Trip Itinerary:** bring it with you to read on your trip if you like!

Optional Gear

- Ski/Board option:** you may like to bring your own ski gloves, goggles, jacket & pants. These are also available for hire in Queenstown if you prefer
- Cycling option:** we recommend that you bring your own cycling shorts and warm, windproof long-fingered cycling gloves!
- Ear plugs:** recommended for light sleepers in public-use huts on overnight hikes
- Energy snacks and drinks:** while snacks will be provided you may like to bring some along too, especially if you have a preferred brands or special dietary needs
- Adapter plug:** used for your electronics. Which type depends on your home country
- Casual clothes:** if you'd like bring a nice skirt/shirt to wear out to dinner, please do!
- Binoculars**
- Pocketknife**
- Hairdryer**
- iPod/mp3 player**
- Spare shoe/bootlaces**
- Reading materials**

GEAR NOTE! If you're not sure what any of these things are, please ask at your nearest outdoor store, or ask us. We want you to be as well prepared as possible for your trip! The quantities are an indication only – feel free to bring more or less if you wish!